

Introductions: Rob Wesemann, Heather Rydalch, Sigrid Nolte, Olivia Shakespeare, Jennifer Marchant, Rafael Montero, Lori Cerar, Pam Bennett, Dan Braun, Emily Bennett, and Mary Jo

Executive UBHPAC Meeting

August 26, 2019

We need more water for the UBHPAC cabinet.

Meeting began at 12:10 PM. Recorded meeting on #3 Olympus recorder.

Rob began the meeting. Motioned to **approve minutes**- Dan made 1st motion and Sigrid 2nd.

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Rob motioned to **approved Joann's application**. All agreed.

Doug asked **Emma Chacon to present in September** and Heather will follow-up with her.

Discussed the block grant. Rob mentioned that the federal government refused it. Mentioned the next step options to continue on. No public comments have been made, yet. Lori will send out information to the executive committee about the families and the survey that's taken with them about their access. More people that take it, the better.

Nettie, what survey do we need for the block grant?

Looked over the next meeting's agenda and talked about the positive energy in the meetings. Talked about **subcommittee topic** options: Pam mentioned that suicide prevention would be the easiest topic to choose. Rob then brought up the format of the meeting; 15-minute discussion on block grant, open up to the group, and then pin-point Kim's team. Rob wants Kim's team to do a 15-minute overview (around 2:00 PM) of what's going on, the funding, what support they need/how we can help, and how they can influence the UBHPAC group.

Lori asked about access to **treatment for individuals that don't qualify for Medicaid**- wants us to talk about suicide prevention this time but wants to cover treatment without Medicaid for the next meeting. Sigrid talked about the Uni Home project and other places for people with disabilities (although, most only assist through Medicaid).

Rob asked for **suggestions on who we could have talk** about treatment without Medicaid; we could invite UHPB for October's presentation. Dan mentioned some people from Red Cross, insurances, and other organizations to talk about other options. He also talked about the complexities of treatment centers and the issues with Medicaid. Rob said that Richard Nance usually has a good handle on these expenses.

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Lori said that in a State report five or six years ago mentioned that they helped 15,000 children in the mental health, but the National reports said that we should have helped 77,000. Rob said that **Utah came in dead-last (#51 after DC) in mental health** resources. Mary Jo said Tanj Northrup (Utah insurance department- Utah deputy commissioner). would be a great person to talk to about parity and how to enforce it. Government health insurance is exempt by parity.

Rob talked about the new low-risk insurances that are super cheap and hardly cover anything, which make people in other insurances paying more than they should be. Mentioned that Tanji would be best to come to the executive committee and talk with us, instead of the group. Rob will email Tanj and add Doug and Mary Jo into the **email**. Information for Tanji's department: **(801) 538-3804** and tnorthrup@utah.gov. Rob will send it to the group in a few days for revisions before sending it to Tanji.

Suicide Prevention, Parity, and then Community-based models and the **topics** for next three months. Ideas for speakers: Leann and director for LDS behavioral hospital.

Lori talked about the importance of making sure people leave with **assignments** and then follow-up in the next meeting. Follow-up is just as vital as the take-aways. Pam piped up and mentioned we need the **letter for this year's block grant**.

Pam and **Julia Martinez** (LBH) have not been able to meet, yet, but she wants to see that everyone in the state is being represented. Will continue to talk more? Pam said that Ming also has a group that's looking into different organizations and their services.

Heather invited **Suzie** (Pick Two organization, Pacific Islander non-profit) to come talk about her organization and introduce herself. Lori mentioned that the AISU school closed.

Feedback on food orders for Nettie:

- Mary Jo: Thank you? I have never heard a complaint about the food.
- Rob: Chipotle.
- Dan: Zao is a great option for food, as well.
- Rafael: Zupas, Cubby's (their rosemary fries, specifically), and restaurants like that are always great options.

Rob said he is looking forward to the subcommittee discussion **topics** ideas and the improvement it will create. Rafael said we should always be asking for additional topics.

Meeting adjourned at 1:30 PM.